

BECOMING SOLUTION FOCUSED

CONVERSATIONS ON RECOVERY

When	What	With whom?	Achieved (date)
On admission or soon after	1 Fill in "What I want from Hospital" form		
Within 72 hours	1 Discuss content of "What I want from Hospital" form with a nurse 2 Enter my own goals onto the "pieces of pie" chart (found in my folder)		
Prior to first CPA or ward round	1 Complete preward round review with a nurse and make sure to link this to the reasons you are in hospital 2 Reflect on the issues you face, do spend some time thinking about your strengths and what you want, pick out some of the things said so far that may help you progress over the coming week. 3 Review and score how you are doing on the Pieces of Pie chart		
Within 48 hours after first CPA or ward round	1 Consider the "Miracle Question" and in your own time discuss with a nurse of your choice. 2 If safety has been an issue for you look at and complete the joint safety forms with a nurse 3 Reflect on the issues you face, with a nurse. Do spend some time thinking about your strengths and what you want, pick out some of the things said so far that may help you progress over the coming week.		
Prior to each successive CPA or ward round	1 Complete preward round review with a nurse and make sure to link this to the reasons you are in hospital 2 Reflect on the issues you face, do spend some time thinking about your strengths and what you want, pick out some of the things said so far that may help you progress over the coming week.		
Prior to discharge	1 Fill in and discuss the "What has Helped in Hospital" form, discuss this with a ward nurse and later, with a community nurse.		